

MOTIVES

LOREN RIDINGER

ADULT ACNE PRONE SKIN

Acne is one of the most troublesome and common skin-care problems. Although most often associated with teenagers and the onset of puberty, the truth is that you can get acne at any age, which makes it even more frustrating.

Human skin has pores (tiny holes) which connect to oil glands located under the skin. The glands are connected to the pores via follicles - small canals. These glands produce Sebum, an oily liquid. The sebum carries dead skin cells through the follicles to the surface of the skin. Acne is caused when these follicles get blocked by a mixture of oil and dead cells which then allows for bacteria to grow.

CUSTOMIZED REGIMEN

For best results, utilize the following regimen daily.



STEPS 1-5



TARGETED NUTRITION

CLEANSE • EXFOLIATE • TONE • TREAT • EYE CREAM • MOISTURIZE • SPF

- 1 TIMELESS PRESCRIPTION® FACIAL EXFOLIATING CLEANSER WITH ENZYMES 11120 | \$43.50
- 2 TIMELESS PRESCRIPTION® MDI FIRMING ACTIVATOR 11122 | \$39.95
- 3 VITASHIELD OPC-3® TRIPLE SERUM 6101 | \$28.95
- 4 VITASHIELD® VITAMIN C & E INTENSIVE MOISTURIZER 1251 | \$124.95

- 5 TIMELESS PRESCRIPTION® ANTI-BLEMISH LOTION 1269 | \$23.95

TARGETED NUTRITION

- TIMELESS PRESCRIPTION® OXYGEN EXTREME 6101 | \$28.95
ULTIMATE ALOE® STRAWBERRY-KIWI FLAVOR 1285 | \$20.95

NOTES

YOUR SKINCARE SPECIALIST



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