## Join us for "Massage Your Partner" 4-Hour, Hands-on Workshop on \_\_\_\_\_, from \_\_\_\_\_ to \_\_\_\_.

Almost anyone can give a great relaxation massage after learning the basics. You'll benefit from all the health benefits of massage including: fewer headaches, deeper sleep and less muscle tension. Plus you will enjoy spending this time with your partner.

A weekly massage can cost over \$4,000 a year, and it's a great investment in your health, but if that's not in your budget, this class is a smart investment.

Now you can experience all the advantages of regular massage in the comfort of your home! Sign up here, it's only \$200 for this four-hour workshop taught by a professional licensed massage therapist.



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## You will learn:

- How to create a relaxing massage "room" environment
- 3-4 basic massage techniques that you can use for a full body session
- Using just the right amount of pressure
- The flow of giving a great massage
- Using your intuition, and intention

**OPTIONS:** 

- \$350 includes 4-hour class and massage kit (In Good Hands, Burning Desire, Coconut Oil, Heart Massager)
- \$199 Private Lesson
- \$134 Massage Kit Only

\$85 Registration Fee Venmo (to secure your spot)Refreshment Served: Water, lavender lemonade, snacksRegistration required, full payment due prior to time of class

Learn MASSAGE Together! HEALTHY & FUN

Massage &