

Molly's Massage & MORE Protocols Given Covid-19: 2020

- Remove all unnecessary clutter from the treatment room to make cleaning easier.
- Greet and say goodbye to guests with a wave, nod or an elbow bump. Do not shake hands or hug.
- *Therapists must wear clean masks/face protection during services.*
 - *Change masks between clients, placing washable ones in a sealable plastic bag and remove from the treatment room.*
- **DO NOT TOUCH THE MASK AND THEN YOUR FACE.**
 - Wash mask in hot water with soap asap.
- **DO NOT TOUCH YOUR FACE WITH YOUR HANDS!** Wash them first if you must.
- **Clients will wash your hands, face, arms and elbows for 20 seconds in warm water with soap.**
 - Use a nail brush if necessary.
- *Change clothes between each client to avoid cross contamination.*
 - *Put dirty clothes in a sealable plastic bag and remove from the treatment room. Use personal wipes to freshen up between clients.*
- Wash your hands before putting on clean clothes.
- Keep hand sanitizer in the room so clients can wash their hands. Also, if you do face massage, sanitize hands before touching their face.
 - Screen clients for overall health:
 - **Check temperature,**
 - **Ask if they have a dry cough,**
 - **Headache,**
 - **Trouble breathing,**
 - **Other Covid-19 symptoms.**
- Hair must be pulled back. A light cap can be worn over the hair.
- **A minimum of 30-minutes are required between clients to allow for all surfaces to be wiped down, the room to air out and all laundry to be handled.**
 - **Use a Far UVC light to sanitize tools, the room.**
 - Perhaps use an air purifier in the treatment room.
- Treatment rooms that have windows, open the window during the session if possible. Definitely open it afterward for airing out.
- *Antimicrobial cleansers should be used to clean all surfaces.*
- Change sheets, face cradle cover and blanket between each client.
- All linens must be stored in a closed storage space, such a drawer or box with a lid.
 - *A vinyl table covering should be installed over the table warmer and under the sheets, and be wiped down between each client.*
- **After each massage & shift, clean the room thoroughly then go to the restroom and remove work attire, place in plastic bag. Use personal wipes to wipe down your body then change into clean clothes.**
- **Doing laundry:** wear gloves if possible. Untie plastic bag and place opening inside the washer. Shake, shimmy the dirty laundry out of the bag.
 - Discard bag in trash.
 - Wash linens in hot water with laundry soap to kill Covid-19 and other germs.
 - Dirty linens should be placed in a large plastic sealable bag and removed from the room after each client. Wash asap in hot water and soap.
 - All establishments should have nightly janitorial services and toilet seat covers.

Molly's
Massage & More

123 North Jackson Street

Janesville, WI 53548

608.530.5553

Mollysmassage123@gmail.com

Facebook: @mollysmassage123

www.mollysmassage123.wixsite.com/mollys

Updated: 4/1/2020