

Medical / Health History

Paperwork

- Please arrive 10-15 minutes before your scheduled appointment if your new client to fill out paper work.
- Client is solely responsible to maintain updated health history on file with Molly's at all times.
- Late arrival will result in a partial appointment if you need to still fill out health history. Once complete will decide how much of your appointment time will be left for hands on work.
- Medication list is part of your health information.
 - Failure to disclose this information will result in termination of services at Molly's with all fees for business interruptions.
 - Examples: Blood pressure medication (just started), Heart medication, blood thinner (no deep tissues allowed), Controlled substances (can NOT be take with 4 hours of services)
- Molly's reserves the right to refuse service (appointments) based on certain health conditions in light of client safety. Via standards set by third party Wisconsin state board licenser obligations.

As professional massage therapist, **I am not allowed to label or diagnose any condition.** Here are some conditions that you might want to get a doctor's release before coming to your appointment. If not, we have the right as a professional / company to rebook (*fee will apply*) your appointment until client provides ALL documents requested, including a doctor's release. If your doctor /Physician states that massage therapy/treatment is contraindicated, you will receive a in store credit via phone conversation .

Exceptions may be made at management discretion with a documented doctor's release:

Arteriosclerosis

Atherosclerosis

Autoimmune diseases - aromatherapy appointments an hot stone

Lupus (during acute flares)

Rheumatoid Arthritis (inflammatory stage)

Scleroderma (hardened skin)(Contraindicated during inflammatory phase) Ankylosing spondylitis (Acute episodes or areas of pain an/or inflammation)

Cerebral Palsy

Cancer

Embolism or Thrombus

Heart condition

Hemangioma (contraindicated for deep tissue work due to internal bleeding)

High blood pressure (extreme)(or if just started medication: you will need to wait at least 7-8 month before treatment/massage) This may vary for each massage therapist.

I.U.D

Acute pneumonia

Eclampsia

Pregnancy - No massage will be given in the first trimester. You will need doctor's release for massage (@ Molly's) in the second and third trimester.

Varicose veins - area where veins are will not be worked on. (This does not need a doctor's release, but client should be aware it is local contraindication and therefore the area will not be massaged.)

General Contraindications

Massage WIL be avoided at this time if you have any of the following:

- Systemic contagious or infectious diseases (including the common cold) Acute conditions requiring first aid or medical attention
- Severe unstable hypertension
- Significant fever
- Acute pneumonia
- Shock
- Hemophilia
- Hemorrhage
- Cortisone shot (10 days after shot)

Surgeries:

- Molly's requires a doctors release of surgeries that have been completed within 6 months prior to "appointments" with any type of local anesthetic being used to ensure recovery period & goals of the physician are being met.
 - Examples: Heart Attacks, Strokes, hospitalization, Replacement of knee or hip ect.

If you do not inform Molly's Massage & More, it will be handled under our less than 24-hour cancellation policy and will incur a fee, up to the full service amount, Plus tip.

123 North Jackson Street

Janesville, WI 53548

608.530.5553

Mollysmassage123@gmail.com

Facebook: @mollysmassage123

www.mollysmassage123.wixsite.com/mollys

These appointments are still subject to Molly's cancellation policies.

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